

What is SPARC?

Complementary and alternative medicine (CAM) research is thriving in Portland, a city that is home to Chinese medicine, chiropractic, naturopathic and western medical schools. SPARC highlights current CAM research from local investigators and promotes scientific collaboration and knowledge sharing. The fourth annual symposium will focus on emerging directions in CAM research.

Who Should Attend?

This symposium is ideal for those who want to deepen their understanding of CAM research, or learn about current research findings from leaders in the CAM field. We encourage medical, naturopathic, osteopathic and chiropractic doctors, acupuncturists, nurses, allied health professionals, researchers and students to attend.

Keynote Speaker Josephine Briggs, MD

An accomplished researcher and physician, Dr. Briggs brings a focus on translational research to the study of complementary and alternative medicine to help build a fuller understanding of the usefulness and safety of CAM practices.

Dr. Briggs received her MD from Harvard Medical School and completed residency training at the Mount Sinai School of Medicine. She then held a research fellowship at Yale School of Medicine. After completing her fellowship at Yale, Dr. Briggs was a research scientist for 7 years at the Physiology Institute at the University of Munich, Germany.

Dr. Briggs joined the National Institutes of Health in 1997 as director of the Division of Kidney, Urologic, and Hematologic Diseases at the National Institute of Diabetes and Digestive and Kidney Diseases. In January 2008, she was named Director of the National Center for Complementary and Alternative Medicine.

Participating Institutions

- Kaiser Permanente Center for Health Research
- National College of Natural Medicine
- Oregon Collaborative for Integrative Medicine
- Oregon College of Oriental Medicine
- Oregon Health & Science University
- Portland State University
- University of Portland
- Western States Chiropractic College

Symposium for Portland Area Research
SPARC
on Complementary & Alternative Medicine
National College of Natural Medicine
Helfgott Research Institute
049 SW Porter Street
Portland, OR 97201

Symposium for Portland Area Research
SPARC
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Emerging Directions in CAM Research



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Saturday,
April 18, 2009
Oregon Health & Science
University Auditorium
Portland, Oregon

Objectives

Upon completion of the course, participants should be able to:

- Describe local studies and emerging directions in CAM research
- Articulate key concepts of CAM research
- List methodological issues and complications in CAM research and discuss their implications
- Locate reference information on issues of study design
- Better evaluate CAM study designs in research literature

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Oregon Health & Science University and the National College of Natural Medicine. OHSU is accredited by the ACCME to provide continuing medical education for physicians.

American Medical Association: OHSU School of Medicine, Division of CME, designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program is also approved by the OHSU School of Nursing for 6.25 Continuing Education contact hours, and the Oregon Board of Naturopathic Examiners and the California Acupuncture Board for 6.75 Continuing Education contact hours.

Supported By



Program

- 9:00 **Welcome & Introduction**
Barry Oken, MD
- Session I**
Fish Oil for Depression in Multiple Sclerosis and Parkinson's Disease
Lynne Shinto, ND, MPH
Carpal Tunnel Syndrome and Static Magnetic Field Therapy
Agatha Colbert, MD
Reliability of Plasma Nutrient Biomarkers and Food Frequency Questionnaire in Patients at Risk for Alzheimer's Disease
Gene Bowman, ND
Physical Exam and Self-Reported Pain Outcomes from a Randomized Trial on Chronic Cervicogenic Headache
Darcy Vavrek, ND, MS
- 11:00 **Poster Session**
- 11:15 **Session II**
Developing New Outcome Measures for CAM Research
Charles Elder, MD
The State of Clinical Informatics in the Portland CAM Research Community
Carlo Calabrese, ND, MPH
Future Directions in Acupuncture Research
Richard Hammerschlag, PhD
- 12:30 **Lunch & Poster Session**
- 1:30 **Keynote**
Promise in Research on Complementary and Alternative Medicine
Josephine Briggs, MD
- 2:30 **Discussion**
- 3:00 **Break-out Sessions (choose one):**
Mechanisms of Action Underlying CAM
or
Developing Research Culture
- 4:30 **Adjournment**

Location

OHSU Old Library Auditorium
3181 SW Sam Jackson Park Road
Portland, Oregon 97239

- Free parking is available behind the auditorium.
- A campus map is available at:
www.ohsu.edu/xd/about/visiting/directions/marquamhill.cfm

Registration Form

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____
E-mail _____
Credit Card # _____
Expiration Date _____ Visa ___ Mastercard ___
How did you hear about SPARC? _____

Registration Fee (Please check one)

Full Day (includes lunch)

After April 3
 \$125 \$140 Health Care Professionals (receiving CE credit)
 \$40 \$55 Basic registration (no CE credit)
 \$20 \$35 Students

Afternoon Only (1:30-4:30, lunch not included)

After April 3
 \$65 \$75 Health Care Professionals (receiving CE credit)
 \$25 \$35 Basic registration (no CE credit)
 \$15 \$25 Students

Continuing Education Credit

Institutional Affiliation

DC – 6.75 hours Kaiser PSU
 LAc – 6.75 hours NCNM UP
 MD/DO – 6.0 hours OCOM WSCC
 ND – 6.75 hours OHSU
 RN – 6.25 hours Other: _____

Register online at www.occim.org, by phone at 503-552-1743, or use this form to pay by mail with your check or credit card. Please make checks payable to "SPARC". Mail check and registration form to: SPARC 049 SW Porter Street, Portland, OR 97201.

Refund Policy: Full refunds will be given for cancellations made prior to April 3. Cancellations after this date will be assessed a \$25 handling fee (\$10 for students). No refunds will be given for cancellations made after April 13.

For more information or to register by phone, call 503-552-1743 or visit www.occim.org or www.helfgott.org